

# *Santa Clara Aquamaids Synchronized Swimming Club*

## **Aquamaids Synchro Programs**

2011-2012 Season

### **COMPETITIVE TEAMS**

Santa Clara Aquamaids competitive synchro program provides swimmers with the means to pursue their Olympic and academic ambitions. Producing more synchronized swimming U.S. Olympians than any other club, SCA provides the framework for achieving excellence. This pursuit of excellence extends beyond the pool to the classroom. Our swimmers consistently excel academically, earning admission and scholarships from respected universities including Stanford University, Santa Clara University, The Ohio State University, and Johns Hopkins University.

- Competitive teams are grouped by “synchro age” and ability
- “Synchro age” is determined by birth year
- Compete in meets. Team costume and majority of travel costs included.
- Swimmer’s family must participate in the Bingo Fundraiser Obligation Plan
- Annual commitment: September through August

#### **Teams**

10U - birth years 2002 & later, MWF, 4-6:30 & Sat am

11-12 - 2000 & 2001, 5-6 days/week, 4-7:00 weekdays & Sat am

13-15 - 1997, 1998, & 1999, 6 days, 4-7:30 weekdays & Sat am

Junior - 1994, 1995, 1996 & qualified 1997, 6 days, 4-8:00 weekdays & Sat am

Senior - qualified 1997 & earlier

#### **Bingo Fundraiser Obligation Plan** – Example for one swimmer:

Option 1: \$100/month plus 101-110 hrs/trimester

Option 2: No dues. 128-137 hrs/trimester

### **RECREATIONAL PROGRAMS**

In response to community interest, SCA has partnered with Los Gatos Saratoga Recreation Department to bring the following Recreational Synchro programs.

**Novice/Intermediate** – ages 6-12, MW 4-6 p.m. & optional Fri. \$250/month plus annual \$200 registration fee (meet entry fees, US Synchro Registration, coaches’ meet per diem). Swimmer competes in local meets. (Fridays begin in mid-Nov). 10-month commitment: Sept – June. Additional costume costs.

**Age Group** – ages 13 & up, MWF 4-7 p.m. \$350/month plus annual \$200 registration fee (see above). Swimmer competes in local meets. (Fridays begin in mid-Nov). 9-month commitment: Sept – May. Additional costume costs.

**Friends, Fitness, & Fun (FFF)** – ages 6-12, \$200 for 8 sessions per month plus annual \$45 US Synchro Registration, monthly commitment

- M/W, 4-6 p.m., Los Gatos area, Sept. – June